



**Our choice
Get in touch**



Speak Up



Our Choice,



**The Advocacy Project,
C/o SEIDs Hub, Empire
Way Wembley, HA9 0RJ**



**Make
friends**

Advocating with people with learning disabilities

Our Choice Speaking Up Group



**020 8106 0644
07983 200 212**



**Know your
rights**



Benita.friday@advocacyproject.org.uk



**Work
together**

**'Speaking up
together to make
things better'**



**Our Choice funded
by the city of
Westminster**



**Make
choices**

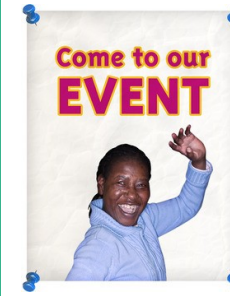
A Company limited by Guarantee, registered in England and Wales. Company registration no: 4018315. Registered charity no:1084106. Registered office c/o SEIDs Hub, Wembley, HA9 0RJ.



**What does our
Choice do?**



**What does our
Choice talk
about?**



**Come to an our
Choice meeting**



**We help you to
understand
information**



Jobs



**We have meetings
on different days of
the week**



**Go to
meetings**



Money



**Phone Benita on
07983 200 212**



**Campaign to
make things
better**



Health



Benita.friday@advocacyproject.org.uk



**Complain to
make things
better**



Housing



**Everyone is
welcome.**