







# How to get your Preventing Type 2 Diabetes account

Visit our website

Join others from your GP practice by visiting preventingdiabetes.org.uk and select the register button.

The NHS login can help verify you, so you can quickly log in with a few clicks anytime you want to.

Explore your account

Log in to your Preventing Diabetes account via our website and personalise your account by setting your preferences, accessing courses, and viewing your online health record.



Scan the QR code or visit preventing diabetes.org.uk/register to activate your account today



## What do you need to do?

Visit the Preventing Diabetes website and register/login. If you have an NHS login already you can sign in with this account, so there is no need to set up a new password or account. If you don't have an NHS login yet, still visit the register page and follow the steps.

## Further questions?

Please check the frequently asked questions on our Contact Us page (address below). If you cannot find your answer, then please complete our contact form at **preventingdiabetes.org.uk/contact-us** with your question or comment. We aim to respond within three business days.

## **Privacy Policy**

You can find our privacy policy, which explains how we use your data, on our website here: preventingdiabetes.org.uk/fair-processing-notice

Having more energy, improved sleep and lower blood sugars can help you live life to the full

preventingdiabetes.org.uk

# The NHS Preventing Type 2 Diabetes Service

Reducing the risk of type 2 diabetes







The Preventing Type 2 Diabetes (PD) service is helping people at risk of developing type 2 diabetes to live their lives to the full.

Whether you're interested in learning more about your long-term health or discovering how to improve your blood sugars, energy levels or sleep, our range of support features can help.

If you are registered with a GP in North West London (Brent, Ealing, Hammersmith & Fulham, Harrow, Hillingdon, Hounslow, Kensington & Chelsea and Westminster), are over the age of 18, and have been diagnosed with Non-Diabetic Hyperglycaemia (high risk of type 2), then you are eligible to create an NHS Preventing Diabetes Account.





7-day meal plans tailored for people at risk of type 2 diabetes



Log in and gain access to your latest health record and test results without the need for follow-up calls Key Features of the NHS
Preventing Diabetes Service



## Programmes & eLearning

Be first to know about the latest programmes that you can access. Thousands of people at risk of type 2 diabetes are boosting their health and wellbeing by joining these programmes. There are also eLearning courses available that can be completed at your own pace.



### Patient record access

View your personalised health dashboard with all the essential information. Check out your latest blood pressure, HbA1c and cholesterol test results, and appointments. There are even opportunities to set goals and track progress.



## **Email campaigns**

PD account holders can sign up to a series of helpful email campaigns tailored to their personal needs and desires, covering topics such as weight management, foot and eye care, healthy eating, and well-being. You can also access exclusive webinars and interact with NHS healthcare professionals.

preventingdiabetes.org.uk