

# Blood sugar log

## Your sugar level targets:

Upper level: \_\_\_\_\_

Lower level: \_\_\_\_\_

[illegible]

## You can type into this form

1. Press 'Fill & Sign' (top right).
2. Add text.
3. Hover over where you want to type into the form.
4. Press file save or print and write into it.

Upper level: \_\_\_\_\_

Lower level: \_\_\_\_\_

[illegible]