

## Group Consultations Pre-delivery Checklist

### Introduction to the checklist

Group Consultations (GCs) are one-to-one consultations delivered in a supportive peer group setting that are held virtually on your IT platform of choice or face-to-face. They are being delivered across North West London as a part of the annual diabetes review for all eligible Type 2 Diabetes patients.

The following checklist of questions is designed to help you plan your Group Consultations delivery.

### Awareness of group consultations

- Is the clinical director of the PCN aware of diabetes group consultations?
- Are practice managers across the PCN aware of and bought into group consultations?
- Is there a clinician with experience or a focus on diabetes that can lead this work?
- Are the administrative staff aware of group consultations?
- Do you have existing avenues where you can start sharing information about group consultations in the communities your patients live in?

### Setting up the foundations of group consultations

- Will you be running group consultations at practice level, at PCN level, or at multi-PCN level?
- Will group consultations be administered at a practice level, at PCN level, or at multi-PCN level?
- Is there a clinician with experience or a focus on diabetes that can lead this work?
- Do you have a space that can be utilised regularly for face-to-face group consultations, and if not is there somewhere that can be utilised within the community?

### Confirming your targets

- Do you have clinical agreement across your PCN around the characteristics of patients that will be invited to have group consultations as part of their clinical care?
- Are you aware of the total number of patients that will need to go through group consultations?

### Next steps

To continue your group consultations delivery planning, please refer to the 'Planning Resources' tab on [Know Diabetes website](#) for more support resources.