## TYPE 2 DIABETES – CRITERIA FOR REFERRAL TO LEVEL 2



The aim of the Diabetes level 2 service is to provide a high quality service for safe initiation and optimization of injectable therapy within GP networks.

## **INCLUSIONS**

Initiation or optimisation of injectable therapy will be provided to people with Type 2 Diabetes who satisfy the following criteria:

- 1. Type 2 people that are registered with a GP in the CCG over the age of 18
- 1. Are not achieving HbA1c targets with maximum-tolerated oral combination hypoglycaemic therapy and/or insulin/GLP-1, compliant with combination therapy without any significant improvement in HbA1c:
  - Triple therapy (three different oral agents)
  - Dual therapy (two different oral agents)
- 2. In people who have significantly poor glycaemic control that is unlikely to respond to triple therapy OR in people who express a desire to start injectable therapy OR need to do so for occupational reasons (e.g. GLP-1 in taxi drivers)
- 1. The patient or carer is deemed capable of safely managing their injectable, including being able to undertake home blood glucose monitoring, inject insulin and adjust their own dose
- 1. Express an intention to start injectable, having been advised of what this involves and the risks associated with the treatment

## **EXCLUSIONS (REFERRAL TO ACUTE SPECIALIST CLINIC REQUIRED)**

- 1. Pregnancy
- 1. People aged under 18